

Additional information can be found in the forms drawer under “Mental Health Resources” in the Business Office

CRISIS CONNECTION

612-379-6363

EMERGENCY

9-1-1

For Mental Health Emergency – Ask for CIT Police Officer and say you have a “Mental Health Emergency”

FIRST CALL FOR HELP

2-1-1

(You can call 24 hours a day, seven days a week for help with financial emergency, jobs + support, disaster assistance, housing + utilities, health)

PLYMOUTH POLICE—763-509-5160

ORONO POLICE—952-249-4700

MTKA POLICE—952-939-850

NAMI

(National Alliance on Mental Illness)

Text “Life” to 839863

1-800-273-8255

S.A.V.E.

(Suicide Awareness Voices of Education)

National Suicide Prevention Lifeline: 1-800-273-8255

www.suicidepreventionlifeline.org

(Resources and information available at: www.save.org)

METRO AREA MENTAL HEALTH CRISIS RESPONSE

Anoka – 763-755-3801
Carver/Scott – 952-442-7601
Dakota – 952-891-7171
Washington – 651-777-5222
Ramsey – Adult: 651-266-7900
Children: 651-774-7000
Hennepin –Adult: 651-596-1223
Children: 612-348-2233
www.childcrisisresponsemn.org

THE TREVOR PROJECT

Crisis Intervention and Suicide Prevention for LGBTQ
Youth & Young Adults
www.thetrevorproject.org
866-488-7386

OTHER RESOURCES

HOME FREE

(Immediate refuge for battered women)
763-545-7080

Harriet Tubman Center

3111 First Avenue South
Minneapolis, MN 55408
24-Hour Crisis Line: **612-825-0000**
www.harriettubman.org

Help for people in abusive relationships, both those seeking shelter and those needing counseling help.